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## FOREWORD

As a Discipline Trainer, I have worked in a variety of school settings. Teaching has been the most challenging and exhausting yet inspiring and rewarding experience of my life. I honor teachers for the heart and soul they put into their work. For me, it wasn't until I adopted Positive Discipline that I felt I became the educator I'd envisioned when I set out on this career path more than twenty years ago.

Adopting Positive Discipline did not come easily at first. I had to forget everything I had learned about "education" and rethink the role of the teacher as an encouragement facilitator. It was both scary and liberating. I no longer felt I had to be the behavioral motivator, using cheerleading, prize boxes, rewards, or competition to motivate students. With Positive Discipline tools, I no longer assumed the role of judge and jury, punishing students for bad behavior. I finally under-