

Table of Contents

Unit 1 – The Diagnostic Process	4
Unit 2 – Examinations and Diagnostic Tests	6
Unit 3 – Actions	8
Unit 4 – Motor Tasks	10
Unit 5 – Reflexes	12
Unit 6 – Outcomes	14
Unit 7 – Patient Management	16
Unit 8 – Risk Factors	18
Unit 9 – Common Injuries and Ailments	20
Unit 10 – Stretching	22
Unit 11 – Joint Mobilization	24
Unit 12 – Improving Balance	26
Unit 13 – Giving Feedback	28
Unit 14 – Aquatic Exercise 1	30
Unit 15 – Aquatic Exercise 2	32
Glossary	34