

## **Unit 1: Nursing and the Health Care Environment**

1. Nursing Today
2. The Health Care Delivery System
3. Community-Based Nursing Practice
4. Theoretical Foundations of Nursing Practice
5. Evidence-Based Practice

## **Unit 2: Caring Throughout the Life Span**

6. Health and Wellness
7. Caring in Nursing Practice
8. Caring for the Cancer Survivor
9. Cultural Awareness
10. Caring for Families
11. Developmental Theories
12. Conception Through Adolescence
13. Young to Middle Adult
14. Older Adult

## **Unit 3: Critical Thinking in Nursing Practice**

15. Critical Thinking in Nursing Practice
16. Nursing Assessment
17. Nursing Diagnosis
18. Planning Nursing Care
19. Implementing Nursing Care
20. Evaluation
21. Managing Patient Care

## **Unit 4: Professional Standards in Nursing Practice**

22. Ethics and Values
23. Legal Implications in Nursing Practice
24. Communication
25. Patient Education
26. Documentation and Informatics

## **Unit 5: Foundations for Nursing Practice**

27. Patient Safety and Quality
28. Immobility
29. Infection Prevention and Control
30. Vital Signs
31. Health Assessment and Physical Examination
32. Medication Administration
33. Complementary and Alternative Therapies

## **Unit 6: Psychosocial Basis for Nursing Practice**

34. Self-Concept
35. Sexuality
36. Spiritual Health
37. The Experience of Loss, Death, and Grief
38. Stress and Coping

## **Unit 7: Physiological Basis for Nursing Practice**

39. Activity and Exercise
40. Hygiene

41. Oxygenation
42. Fluid, Electrolyte, and Acid-Base Balance
43. Sleep
44. Pain Management
45. Nutrition
46. Urinary Elimination
47. Bowel Elimination
48. Skin Integrity and Wound Care
49. Sensory Alterations
50. Care of Surgical Patients