## **Contents**

	List of Tables	xix
	List of Figures	xxi
Chapter 1	Looking at Language Learning Strategies	1
Chapter <b>2</b>	Direct Strategies for Dealing with Language	37
Chapter <b>3</b>	Applying Direct Strategies to the Four Language Skills	57
Chapter <b>4</b>	Indirect Strategies for General Management of Learning	135
Chapter <b>5</b>	Applying Indirect Strategies to the Four Language Skills	151
Chapter <b>6</b>	Language Learning Strategy Assessment and Training	193