

- **Unit I:: The Basics**

1. You, Medication, Environment:: 3 Tools of the Psychiatric Nurse 2. Historical Issues 3. Legal Issues 4. Psychobiologic Bases of Behavior 5. Cultural Issues 6. Spiritual Issues

**Unit II:: You (Therapeutic Nurse-Patient Relationship)** 7. Models for Working with Psychiatric Patients 8. Learning to Communicate Professionally 9. Working With an Individual Patient 10. Working With Groups of Patients 11. Working With the Family

**Unit III:: Medication (Psychopharmacology)**

12. Introduction to Psychotropic Drugs 13. Antiparkinsonian Drugs 14. Antipsychotic Drugs 15. Antidepressant Drugs 16. Antimanic Drugs 17. Antianxiety Drugs 18. Antidementia Drugs 19. Over-the-counter Drugs

**Unit IV:: Environment:: Milieu Management**

20. Introduction to Milieu Management 21. Variables Affecting the Therapeutic Environment:: Violence and Suicide 22. Therapeutic Environment in Various Treatment Settings

**Unit V:: Putting It All Together (Psychopathology)**

23. Introduction to Psychopathology 24. Schizophrenia Spectrum and Other Psychotic Disorders 25. Depressive Disorders 26. Bipolar Disorders 27. Anxiety-Related, Obsessive-Compulsive, Trauma- and Stressor-Related, Somatic, and Dissociative Disorders 28. Cognitive Disorders 29. Personality Disorders 30. Sexual Disorders 31. Substance Abuse Disorders 32. Eating Disorders

**Unit VI:: Special Populations**

33. Survivors of Violence and Trauma 34. Children and Adolescents 35. Older Adults 36. Soldiers and Veterans

**Appendix** North American Nursing Diagnosis Association Approved Nursing Diagnoses

**Glossary Index**