

I. Tourism – theoretical problems

Małgorzata Słodowa-Helpa - Historical background in the process of creating a sustainable tourism	7
Igor Cieśliński, Marcin Bochenek - Tourism and cultural transformations	17
Jan Sikora - Economic aspects of agrotourist farm activities	23
Grzegorz Godlewski - Sources of financing tourism by local governments and their significance for investment activity in the commune	31
Agnieszka Wartecka-Ważyńska - Significance of selected social organisations in tourist activity of young people	39
Przemysław Kędra - Children and youth's tourism in the light of legally binding rules of law	51
Mirosław Zalech - Brand at a Polish tourist market	59

II. Regional conditions of tourism development

Andrzej Świeca, Renata Krukowska, Andrzej Tucki - Possibilities for the development of tourism in the Lublin region	69
Marek M. Żabka - The potentials of the Bug River valley for nature tourism – a review article	99
Władysław Pańczyk - Active tourism examples in the Lublin region as a way of counteracting physical passivity of a contemporary man	111
Maciej Buczyński, Włodzierz Lukiewicz, Anatol Łysiuk - Frontier tourism: attractiveness of the Białowieża primaeval forest	121

III. Tourism – practical aspects

Andrzej Świeca, Renata Krukowska, Teresa Brzezińska-Wójcik - Natural and cultural assets - a basis for the development of tourist traffic as in selected rural communes on the Bug river (Włodawa and Wola Uhruska)	131
Karol Görner, Marcin Bochenek, Katarzyna Prusik - The influence of extensive loads in the form of hiking activities in the middle-height mountains on the changes in motor performance capacity	151
Ireneusz Chaliburda - Ethnic tourism – chances and possibilities of Podlasie region	157
Szczepan Kalinowski - The tastes and the tints of the Krzna and the bug valley - a project of a tourist product	165

Grzegorz Godlewski - The costs of agrotourist enterprises at farms in southern Podlasie region	171
Urszula Parnicka - Conditions for development of agrotourism in southern Podlasie	177
Grzegorz Godlewski - Tourism in the finances of the southern Podlasie Communes and counties	185
Szczepan Kalinowski - Following the routes of the mounds commemorating Józef Piłsudski in Podlasie	193
Paweł Różański - The scope of survival trainings for the students from the Academy of Physical Education in Biała Podlaska	199