Contents

List of contributors, ix Foreword, xiii Acknowledgements , xv

1 Introduction, 1

Brendan McCormack & Tanya McCance

Section I: A framework for person-centred practice

- **2** Underpinning principles of person-centred practice, 13 *Brendan McCormack & Tanya McCance*
- **3** The Person-centred Practice Framework, 36 *Tanya McCance ⊕ Brendan McCormack*

Section II: The building blocks to enable person-centredness

- **4** Person-centred approaches: a policy perspective, 67 *Jon Glasby*
- **5** Person-centredness in nursing strategy and policy, 77 *Annette Solman & Val Wilson*
- **6** Person-centred nursing leadership, 86 *Shaun Cardiff*
- **7** Person-centred nursing education, 99

 Deirdre O'Donnell, Neal Cook ⊕ Pauline Black
- **8** Person-centred research, 118

 Belinda Dewar, Aisling McBride & Cathy Sharp

Section III: Developing person-centred cultures: a practice development approach

- **9** An overview of practice development, 133 *Kim Manley*
- **10** Creating flourishing workplaces, 150 *Jan Dewing & Brendan McCormack*

- **11** Helping health-care practitioners to flourish: critical companionship at work, 162 *Angie Titchen & Karen Hammond*
- **12** Navigating organisational change: being a person-centred facilitator, 172 *Famke van Lieshout*

Section IV: Adapting the principles of person-centred practice

- 13 A narrative approach to person-centredness with older people in residential long-term care, 183 Catherine Buckley
- **14** Person-centred health services for children, 193 *Val Wilson & Annette Solman*
- **15** Meeting the challenges of person-centredness in acute care, 205 *Christine Boomer & Tanya McCance*
- 16 Person-centredness, recovery and user involvement in mental health services, 215 Marit Borg & Bengt Karlsson
- **17** Weathering the seasons of practice development: moving towards a person-centred culture in complex continuing care, 225

 Nadine Janes, Barbara Cowie, Jennifer Haynes, Penney Deratnay,

 Shannon Burke & Barbara Bell
- **18** Person-centred community nursing, 236 *Caroline Dickson*
- **19** Person-centredness in palliative care, 248 *Antonia Lannie & Lorna Peelo-Kilroe*
- **20** A considered reflection and re-presenting the Person-centred Practice Framework, 259 *Tanya McCance ⊕ Brendan McCormack*