

## Table of contents

- - 1: Introduction: Tourism, Health and Wellbeing and Protected Environments
- Part 1: Tourism, Protected Areas, Health and Wellbeing
  - - 2: The European Protected Areas Approach to Organizing Ecotourism: A Study of Benchmark Protected Areas
    - 3: Tourism, Wellbeing and Cultural Ecosystem Services: A Case Study of Orség National Park, Hungary
    - 4: Sustainable Tourism in Natural Protected Areas: The Points of View of Hosts and Guests in Sila National Park
    - 5: Wellness Tourism as a Complementary Activity in Saltpans Regeneration
    - 6: A Model for Developing Evidence-based Health Tourism: The Case of 'Alpine Health Region Salzburg, Austria'
    - 7: Participatory Location-based Learning and ICT as Tools to Increase International Reputation of a Wellbeing Destination in Rural Areas: A Case Study
    - 8: Exploring How Medical Voluntourism Contributes to Health and Wellbeing in Haiti
    - 9: The Interrelationship Between Place Symbolism, Memory and Voluntary Income Schemes (VIS): The 'Stick up for Stanage' Campaign
- Part 2: Health and Wellbeing, Protected Areas and Tourism
  - - 10: The Visitor: Connecting Health, Wellbeing and the Natural Environment
    - 11: Reinventing Coastal Health Tourism Through Lifestyle Sports: The Complexities of Kiteboarding in Practice
    - 12: Revitalizing Rural Communities in Costa Rica Through Sustainable Tourism
    - 13: Experiencing a Water Sports Holiday as Part of a Rehabilitation Trajectory: Identifying the Salutogenic Mechanisms
    - 14: The Potential Role of Public Aquaria in Human Health and Wellbeing
    - 15: Health Effects of Recreation Vehicle Noise: Laboratory Evidence for Mood and Heart Rate
    - 16: A Dynamic View of Visitors: The Impact of Others on Recreation and Restorative Nature Experiences
    - 17: Reconsidering the links between Tourism, Health, Wellbeing and Protected Areas