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- 1: Introduction to psychiatry
- 2: The scale of the problem
- 3: Mental disorder and you

Part 2: Assessment

- 4: Conducting the assessment: setting it up and taking a history
- 5: Conducting the assessment: examining the patient
- 6: Thinking about diagnosis
- 7: Thinking about aetiology
- 8: Thinking about prognosis
- 9: Risk assessment and management
- 10: Communicating your findings

Part 3: Management

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- 12: Psychiatry and the law
- 13: Drugs and other physical treatments
- 14: Psychological treatment
- 15: Social treatments
- 16: Managing acute behavioural disturbance

Part 4: Management of specific groups

- 17: Child and adolescent psychiatry: general aspects of care
- 18: Psychiatry of older adults
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- 22: Schizophrenia and related psychotic disorders
- 23: Reactions to stressful experiences
- 24: Anxiety and obsessional disorders
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- 26: Delirium, dementia, and other cognitive disorders
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- 29: Problems due to use of alcohol and other psychoactive substances
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- 31: Personality and its disorders
- 32: Child and adolescent psychiatry: specific disorders

Part 6: Psychiatry and you

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