# Unit I Foundations for Medical-Surgical Nursing

1 Introduction to Medical-Surgical Nursing Practice, 1 Donna D. Ignatavicius

Scope of Medical-Surgical Nursing Practice, 1 Priority Focus on Safety and Quality of Care, 2

Protecting Five Million Lives from Harm, 2 Quality and Safety Education for Nurses Core Competencies, 3

Evidence-Based Practice, 6 Quality Improvement, 6

Informatics, 7 Safety, 7

2 Common Health Problems of Older Adults, 9

Donna D. Ignatavicius

Overview, 9

Health Issues for Older Adults in Community-Based Settings, 10

Decreased Nutrition and Hydration, 10

Decreased Mobility, 11

Stress and Loss, 12

Accidents, 13

Drug Use and Misuse, 13

Mental Health/Behavioral Health Problems, 16 Elder Neglect and Abuse, 19

Health Care Issues for Older Adults in Hospitals and Long-Term Care Settings, 19

Problems of Sleep, Nutrition, and Continence, 20 Confusion, Falls, and Skin Breakdown, 20 Care Transition from the Hospital or Long-Term Care Setting to Home, 22

3 Assessment and Care of Patients with Pain, 24

Chris Pasero and Donna D. Ignatavicius

Overview, 24

Scope of the Problem, 25

Definitions of Pain, 25

Categorization of Pain by Duration, 25

Acute Pain, 25 Chronic Pain, 26

Categorization of Pain by Underlying

Mechanisms, 26

Nociceptive Pain, 26 Neuropathic Pain, 28

Patient-Centered Collaborative Care, 28

Pain Assessment, 28

Pharmacologic Management of Pain, 34 Nonpharmacologic Management of Pain, 46 Community-Based Care, 48

4 Genetic and Genomic Concepts for Medical-Surgical Nursing, 51

M. Linda Workman

Genetic Biology Review, 51

DNA, 52

Gene Structure and Function, 54

Gene Expression, 55

Protein Synthesis, 55

Mutations, 56

#### Patterns of Inheritance, 56

Pedigree, 57

Autosomal Dominant Pattern of Inheritance, 57 Autosomal Recessive Pattern of Inheritance, 58 Sex-Linked Recessive Pattern of Inheritance, 58

Complex Inheritance and Familial Clustering, 59

Genetic Testing, 59

Purpose of Genetic Testing, 59

Benefits and Risks of Genetic Testing, 59

Genetic Counseling, 60

Ethical Issues, 61

#### The Role of the Medical-Surgical Nurse in Genetic Counseling, 61

Communication, 61

Privacy and Confidentiality, 62

Information Accuracy, 62

Patient Advocacy and Support, 62

# 5 Evidence-Based Practice in Medical-Surgical Nursing, 64

Rona F. Levin and Fay Wright

Overview, 64

Definitions of Evidence-Based Practice, 64 Steps of the Evidence-Based Practice Process, 65

# Models and Frameworks for Implementing

**Evidence-Based Practice, 68** 

Iowa Model, 68

Reavy and Tavernier Model, 69

ARCC Model, 69

# Evidence-Based Practice Improvement (EBPI)

Model, 70

Steps of the EBPI Model, 70

Application of the EBPI Model to Clinical Practice: A Case Study, 70

# 6 Rehabilitation Concepts for Chronic and Disabling Health Problems, 74

Donna D. Ignatavicius

Overview, 74

Chronic and Disabling Health Problems, 74 Rehabilitation Settings, 75 The Rehabilitation Team, 75

7 End-of-Life Care, 91

Mary K. Kazanowski

# Overview of Death and Dying, 91

Death in the United States, 91

Pathophysiology of Dying, 92

Planning for End-of-Life and Advance Directives, 92

Hospice and Palliative Care, 94

Postmortem Care, 102

The Concept of Euthanasia, 103

# **Unit II Concepts of Emergency Care and Disaster Preparedness**

# 8 Concepts of Emergency and Trauma Nursing, 105

Linda Laskowski-Jones and Karen L. Toulson

The Emergency Department Environment of Care, 106

	Demographic Data and Vulnerable Populations, 106 Special Nursing Teams, 106	Ur		ement of Patients with Fluid, lyte, and Acid-Base Imbalances
	Interdisciplinary Team Collaboration, 106 Staff and Patient Safety Considerations, 108 Staff Safety, 108	11	lectrolyte Imb	
	Patient Safety, 108		M. Linda Workman	
	Scope of Emergency Nursing Practice, 109		Homeostasis	
	Core Competencies, 110			Influences on Fluid and Electrolyte
	Training and Certification, 111		Balance,	
	Emergency Nursing Principles, 111		Filtration, Diffusion,	
	Triage, 111		Osmosis,	
	Disposition, 112		Fluid Balance	
	The Impact of Homelessness, 114		Body Flui	
	Trauma Nursing Principles, 114			us, 132 l Regulation of Fluid Balance, 153
	Trauma Centers and Trauma			ce of Fluid Balance, 154
	Systems, 115		Fluid Imbala	
	Mechanism of Injury, 116		Dehydrati	
	Primary Survey and Resuscitation			rload, 158
	Interventions, 116			Balance and Imbalances, 160
	The Secondary Survey and Resuscitation Interventions, 118		Sodium, 1	
	Disposition, 118		Potassium	
9	Care of Patients with Common Environmental		Calcium,	
Ü	Emergencies, 120		Phosphori	
	Linda Laskowski-Jones		Magnesiu	
	Heat-Related Illnesses, 120		Chloride,	
	Heat Exhaustion, 121	12		d Care of Patients with Acid-Base
	Heat Stroke, 121		mbalances, 174	
	Snakebites, 123		M. Linda Workman	
	North American Pit Vipers, 123		Acid-Base B	
	Coral Snakes, 125			Chemistry, 175
	Arthropod Bites and Stings, 126			d Chemistry, 176
	Brown Recluse Spider, 126			Regulatory Actions and Mechanisms, 177
	Black Widow Spider, 127			nbalances, 179
	Scorpions, 128		Acidosis,	
	Bees and Wasps, 128		Alkalosis,	
	Lightning Injuries, 129	13	nfusion Therap	y, 187
	Cold-Related Injuries, 131		Cheryl J. Dumont	
	Hypothermia, 131		Overview, 18	
	Frostbite, 132			nfusion Therapy Fluids, 188
	Altitude-Related Illnesses, 133			g Infusion Therapy, 189
40	Drowning, 135			Access Devices, 189
10	Concepts of Emergency and Disaster			ntravenous Therapy, 190
	Preparedness, 138			pheral Catheters, 190
	Linda Laskowski-Jones			Catheters, 192
	Types of Disasters, 138			avenous Therapy, 193
	Impact of External Disasters, 139			lly Inserted Central Catheters, 193
	Emergency Preparedness and Response, 140			led Percutaneous Central Venous ers, 194
	Mass Casualty Triage, 140			Central Venous Catheters, 195
	Notification and Activation of Emergency			Ports, 195
	Preparedness/Management Plans, 141			ysis Catheters, 196
	Hospital Emergency Preparedness: Personnel Roles		Infusion Sys	
	and Responsibilities, 142		Container	
	Event Resolution and Debriefing, 144			ration Sets, 197
	Critical Incident Stress Debriefing, 145			trolling Infusion Devices, 198
	Administrative Review, 145			re for Patients Receiving Intravenous
	Role of Nursing in Community Emergency		Therapy,	
	Preparedness and Response, 146			the Patient, 200
	Psychosocial Response of Survivors to Mass Casualty			g the Nursing Assessment, 200
	Events, 146			and Dressing the Catheter, 200

Changing Administration Sets and Needleless Connectors, 202

Controlling Infusion Pressure, 202

Flushing the Catheter, 202

Obtaining Blood Samples from Central Venous Catheters, 202

Removing the Vascular Access Device, 203 Documenting Intravenous Therapy, 203

#### Complications of Intravenous Therapy, 204

Catheter-Related Bloodstream Infection, 204 Other Complications of Intravenous Therapy, 204

#### IV Therapy and Care of the Older Adult, 207

Skin Care, 207

Vein and Catheter Selection, 209

Cardiac and Renal Changes, 209

#### Subcutaneous Infusion Therapy, 210

Intraosseous Infusion Therapy, 211

Intra-Arterial Infusion Therapy, 212

Intraperitoneal Infusion Therapy, 212

Intraspinal Infusion Therapy, 212

#### Unit IV Management of Perioperative Patients

#### 14 Care of Preoperative Patients, 215

Robin Chard

#### Overview, 216

Categories and Purposes of Surgery, 217 Surgical Settings, 218

#### 15 Care of Intraoperative Patients, 238

Robin Chard

#### Overview, 238

Members of the Surgical Team, 238 Preparation of the Surgical Suite and Team Safety, 241 Anesthesia, 244

#### 16 Care of Postoperative Patients, 256

Robin Chard

Overview, 257

#### **CONCEPT OVERVIEW: Protection, 274**

## Unit V Problems of Protection: Management of Patients with Problems of the Immune System

#### Inflammation and Immunity, 275

M. Linda Workman

Overview, 275

Self Versus Non-Self, 276

Organization of the Immune System, 276

#### Inflammation, 277

Infection, 278

Cell Types Involved in Inflammation, 278

Phagocytosis, 280

Sequence of Inflammation, 280

#### Immunity, 281

Antibody-Mediated Immunity, 281 Cell-Mediated Immunity, 285 Transplant Rejection, 286

#### 18 Care of Patients with Arthritis and Other Connective Tissue Diseases, 290

Donna D. Ignatavicius

Osteoarthritis, 291

Rheumatoid Arthritis, 304

Lupus Erythematosus, 313

Systemic Sclerosis, 317

Gout, 319

Infectious Arthritis, 320

Lyme Disease, 320

Psoriatic Arthritis, 321

Fibromyalgia Syndrome, 321

Chronic Fatigue Syndrome, 322

Other Connective Tissue Diseases, 322

Other Disease-Associated Arthritis, 322

Mixed Connective Tissue Disease, 322

#### 19 Care of Patients with HIV Disease and Other Immune Deficiencies, 326

James Sampson and M. Linda Workman

# Acquired (Secondary) Immune Deficiencies, 326

HIV Infection and AIDS, 326

Therapy-Induced Immune Deficiencies, 344

# Congenital (Primary) Immune Deficiencies, 345

Selective Immunoglobulin a Deficiency, 345 Bruton's Agammaglobulinemia, 346

Common Variable Immune Deficiency, 346

# 20 Care of Patients with Immune Function Excess: Hypersensitivity (Allergy) and Autoimmunity, 348

M. Linda Workman

# Hypersensitivities/Allergies, 348

Type I: Rapid Hypersensitivity Reactions, 348

Type II: Cytotoxic Reactions, 355

Type III: Immune Complex Reactions, 355

Type IV: Delayed Hypersensitivity Reactions, 355

#### Autoimmunity, 356

Sjögren's Syndrome, 356 Goodpasture's Syndrome, 357

## 21 Cancer Development, 359

M. Linda Workman

#### Pathophysiology, 359

Biology of Normal Cells, 360 Biology of Abnormal Cells, 361

## Cancer Development, 362

Carcinogenesis/Oncogenesis, 362 Cancer Classification, 363 Cancer Grading, Ploidy, and Staging, 365 Cancer Etiology and Genetic Risk, 365

# Cancer Prevention, 368

Primary Prevention, 368 Secondary Prevention, 369

# 22 Care of Patients with Cancer, 371

June Eilers

# General Disease-Related Consequences of Cancer, 371

Reduced Immunity and Blood-Producing Functions, 372 Altered GI Structure and Function, 372

Motor and Sensory Deficits, 372

Reduced Gas Exchange, 372

# Cancer Management, 372

Surgery, 373

Radiation Therapy, 374

Cytotoxic Systemic Agent Therapy, 377

#### Oncologic Emergencies, 392

Sepsis and Disseminated Intravascular Coagulation, 392 Syndrome of Inappropriate Antidiuretic Hormone, 392 Spinal Cord Compression, 393

Hypercalcemia, 393

Superior Vena Cava Syndrome, 393

Tumor Lysis Syndrome, 394

# 23 Care of Patients with Infection, 397

Donna D. Ignatavicius

## Overview of the Infectious Process, 397

Transmission of Infectious Agents, 398 Physiologic Defenses for Infection, 400 Infection Control in Health Care Settings, 400 Methods of Infection Control and Prevention, 401

#### Multidrug-Resistant Organism Infections and Colonizations, 405

Methicillin-Resistant Staphylococcus aureus (MRSA), 405

Vancomycin-Resistant Enterococcus (VRE), 406 Carbapenem-Resistant Enterobacteriaceae (CRE), 406

#### Occupational and Environmental Exposure to Sources of Infection, 406

**Problems From Inadequate Antimicrobial** Therapy, 407

Critical Issues: Emerging Infections and Global Bioterrorism, 411

## Unit VI Problems of Protection: Management of Patients with Problems of the Skin, Hair, and Nails

# 24 Assessment of the Skin, Hair, and Nails, 415

Janice Cuzzell and M. Linda Workman

## Anatomy and Physiology Review, 415

Structure of the Skin, 415 Structure of the Skin Appendages, 417

Functions of the Skin, 417

Skin Changes Associated with Aging, 417

# Assessment Methods, 420

Patient History, 420

Nutrition Status, 420

Family History and Genetic Risk, 421

Current Health Problems, 421

Skin Assessment, 421

Hair Assessment, 424

Nail Assessment, 425

Skin Assessment Techniques for Patients with

Darker Skin, 428

Psychosocial Assessment, 428

Diagnostic Assessment, 429

# 25 Care of Patients with Skin Problems, 432

Janice Cuzzell and M. Linda Workman

## Minor Skin Irritations, 432

Pruritus, 432

Urticaria, 433

Trauma, 433

Pressure Ulcers, 436

Common Infections, 449

## Cutaneous Anthrax, 453

Parasitic Disorders, 453

Pediculosis, 453

Scabies, 454

Bedbugs, 454

#### Common Inflammations, 455

Psoriasis, 456

Skin Cancer, 458

#### Other Skin Disorders, 461

Toxic Epidermal Necrolysis, 461 Stevens-Johnson Syndrome, 461

Plastic Surgery, 462

#### 26 Care of Patients with Burns, 465

Tammy Coffee

#### Pathophysiology of Burn Injury, 465

Skin Changes Resulting from Burn Injury, 465 Vascular Changes Resulting from Burn Injuries, 469 Cardiac Changes Resulting from Burn Injury, 470 Pulmonary Changes Resulting from Burn Injury, 470 Gastrointestinal Changes Resulting from Burn Injury, 470

Metabolic Changes Resulting from Burn Injury, 470 Immunologic Changes Resulting from Burn

Injury, 470

Compensatory Responses to Burn Injury, 470

Etiology of Burn Injury, 470

Incidence and Prevalence of Burn Injury, 472

Resuscitation Phase of Burn Injury, 473

Acute Phase of Burn Injury, 481

Rehabilitative Phase of Burn Injury, 488

#### **CONCEPT OVERVIEW:** Oxygenation, 492

# Unit VII Problems of Oxygenation: Management of Patients with Problems of the Respiratory Tract

#### 27 Assessment of the Respiratory System, 494

Harry Rees

#### Anatomy and Physiology Review, 496

Upper Respiratory Tract, 496

Lower Respiratory Tract, 498

Oxygen Delivery and the Oxygen-Hemoglobin Dissociation Curve, 499

Respiratory Changes Associated with Aging, 500

#### Assessment Methods, 500

Patient History, 500

Physical Assessment, 503

Psychosocial Assessment, 506

Diagnostic Assessment, 507

#### 28 Care of Patients Requiring Oxygen Therapy or Tracheostomy, 514

Harry Rees

Oxygen Therapy, 514

Tracheostomy, 522

#### 29 Care of Patients with Noninfectious Upper Respiratory Problems, 531

M. Linda Workman

#### Disorders of the Nose and Sinuses, 531

Fracture of the Nose, 531

Epistaxis, 532 Cancer of the Nose and Sinuses, 533 Facial Trauma, 534

Obstructive Sleep Apnea, 534

Disorders of the Larynx, 535

Vocal Cord Paralysis, 535 Laryngeal Trauma, 536

Other Upper Airway Disorders, 536

Upper Airway Obstruction, 536 Neck Trauma, 537 Head and Neck Cancer, 537

## Care of Patients with Noninfectious Lower Respiratory Problems, 548

M. Linda Workman

Asthma, 548

Chronic Obstructive Pulmonary Disease, 557

Cystic Fibrosis, 567

Pulmonary Arterial Hypertension, 569

Interstitial Pulmonary Diseases, 571

Sarcoidosis, 571

Idiopathic Pulmonary Fibrosis, 571

Occupational Pulmonary Disease, 572 **Bronchiolitis Obliterans Organizing** 

Pneumonia, 572

Lung Cancer, 573

## Care of Patients with Infectious Respiratory Problems, 583

Meg Blair

Disorders of the Nose and Sinuses, 583

Rhinitis, 583

Rhinosinusitis, 584

# Disorders of the Oral Pharynx and Tonsils, 584

Pharyngitis, 584 Tonsillitis, 586

Peritonsillar Abscess, 586

# Disorders of the Lungs, 586

Seasonal Influenza, 586

Pandemic Influenza, 587

Pneumonia, 588

Severe Acute Respiratory Syndrome (SARS), 594

Pulmonary Tuberculosis, 595

Lung Abscess, 599

Pulmonary Empyema, 599

Inhalation Anthrax, 599

Pertussis, 600

Coccidioidomycosis, 600

#### 32 Care of Critically III Patients with Respiratory Problems, 603

Meg Blair

Pulmonary Embolism, 603

Acute Respiratory Failure, 610

Acute Respiratory Distress Syndrome, 612

The Patient Requiring Intubation and Ventilation, 614

Chest Trauma, 622

Pulmonary Contusion, 622

Rib Fracture, 623

Flail Chest, 623

Pneumothorax, 623

Tension Pneumothorax, 624

Hemothorax, 624

Tracheobronchial Trauma, 624

# Unit VIII Problems of Cardiac Output and Tissue Perfusion: Management of **Patients with Problems of the** Cardiovascular System

# 33 Assessment of the Cardiovascular System, 627

Donna Ignatavicius

Anatomy and Physiology Review, 627

Heart, 627

Vascular System, 631

Cardiovascular Changes Associated with Aging, 632

# Assessment Methods, 632

Patient History, 632

Nutrition History, 634

Family History and Genetic Risk, 634

Current Health Problems, 634

Functional History, 636

Physical Assessment, 636

Psychosocial Assessment, 640

Diagnostic Assessment, 640

# 34 Care of Patients with Dysrhythmias, 649

Laura Dechant

# Review of Cardiac Conduction System, 649 Electrocardiography, 650

Lead Systems, 651

Continuous Electrocardiographic Monitoring, 652

Electrocardiographic Complexes, Segments, and

Intervals, 652

Determination of Heart Rate, 654

Electrocardiographic Rhythm Analysis, 655 Overview of Normal Cardiac Rhythms, 656

Common Dysrhythmias, 656

35 Care of Patients with Cardiac Problems, 678

Laura M. Dechant

Heart Failure, 678

Valvular Heart Disease, 692

Inflammations and Infections, 697

Infective Endocarditis, 697

Pericarditis, 699

Rheumatic Carditis, 700

# Cardiomyopathy, 701

# 36 Care of Patients with Vascular Problems, 706

Donna D. Ignatavicius

Arteriosclerosis and Atherosclerosis, 706

Hypertension, 709

Peripheral Arterial Disease, 718

Acute Peripheral Arterial Occlusion, 725

Aneurysms of Central Arteries, 726

Aneurysms of the Peripheral Arteries, 728

Aortic Dissection, 728

Other Arterial Health Problems, 728

Peripheral Venous Disease, 728

Venous Thromboembolism, 729

Venous Insufficiency, 734

Varicose Veins, 735

Vascular Trauma, 736

# 37 Care of Patients with Shock, 739

M. Linda Workman

Overview, 739

Review of Oxygenation and Tissue Perfusion, 739 Types of Shock, 740

Hypovolemic Shock, 742 Sepsis and Septic Shock, 749

38 Care of Patients with Acute Coronary Syndromes, 757

Laura M. Dechant

Pathophysiology, 757

Chronic Stable Angina Pectoris, 757 Acute Coronary Syndrome, 758 Etiology and Genetic Risk, 760 Incidence and Prevalence, 760

Health Promotion and Maintenance, 760

Using Complementary and Alternative Therapies, 761 Managing Metabolic Syndrome, 761

Patient-Centered Collaborative Care, 762

# Unit IX Problems of Tissue Perfusion: **Management of Patients with Problems** of the Hematologic System

#### 39 Assessment of the Hematologic System, 785

M. Linda Workman

Anatomy and Physiology Review, 785

Bone Marrow, 785 Blood Components, 786 Accessory Organs of Blood Formation, 787 Hemostasis and Blood Clotting, 787 Anti-Clotting Forces, 788 Hematologic Changes Associated with Aging, 788

Assessment Methods, 788

Patient History, 788 Nutrition Status, 791 Family History and Genetic Risk, 791 Current Health Problems, 792 Physical Assessment, 792 Psychosocial Assessment, 793 Diagnostic Assessment, 793

#### 40 Care of Patients with Hematologic Problems, 798

Katherine I. Byar

Red Blood Cell Disorders, 798

Anemias Resulting From Increased Destruction of Red Blood Cells, 799 Anemias Resulting From Decreased Production of Red Blood Cells, 804 Disorders of Excess Red Blood Cells

or Iron, 805

Myelodysplastic Syndromes, 806

White Blood Cell Disorders, 806

Leukemia, 806 Malignant Lymphomas, 817

Coagulation Disorders, 819

Platelet Disorders, 819 Clotting Factor Disorders, 820

Transfusion Therapy, 821

Pretransfusion Responsibilities, 821 Transfusion Responsibilities, 823 Types of Transfusions, 823 Acute Transfusion Reactions, 824 Autologous Blood Transfusions, 825

#### CONCEPT OVERVIEW: Mobility, Sensory Perception, and Cognition, 828

# Unit X Problems of Mobility, Sensory Perception and Cognition: Management of Patients with Problems of the Nervous System

#### 41 Assessment of the Nervous System, 829

Rachel L. Gallagher

Anatomy and Physiology Review, 829

Nervous System Cells: Structure and Function, 830

Central Nervous System: Structure and Function, 830

Peripheral Nervous System: Structure and Function, 833

Autonomic Nervous System: Structure and Function, 835

Neurologic Changes Associated with Aging, 836

Assessment Methods, 837

Patient History, 837 Physical Assessment, 837 Psychosocial Assessment, 844 Diagnostic Assessment, 844

#### 42 Care of Patients with Problems of the Central Nervous System: The Brain, 853

Rachel L. Gallagher

Headaches, 853

Migraine Headache, 854 Cluster Headache, 857

Seizures and Epilepsy, 858

Infections, 863

Meningitis, 863 Encephalitis, 865 Parkinson Disease, 867

Dementia, 871

Huntington Disease, 881

#### 43 Care of Patients with Problems of the Central Nervous System: The Spinal Cord, 884

Rachel L. Gallagher

Back Pain, 885

Low Back Pain (Lumbosacral Back Pain), 885 Cervical Neck Pain, 891

Spinal Cord Injury, 892

Spinal Cord Tumors, 902

Multiple Sclerosis, 904

**Amyotrophic Lateral Sclerosis, 910** 

#### 44 Care of Patients with Problems of the Peripheral Nervous System, 913

Rachel L. Gallagher

Guillain-Barré Syndrome, 913 Myasthenia Gravis, 917 Peripheral Nerve Trauma, 923 Restless Legs Syndrome, 925

Diseases of the Cranial Nerves, 926

#### 45 Care of Critically III Patients with Neurologic Problems, 930

Chris Winkelman and Rachel L. Gallagher Transient Ischemic Attack, 930

Stroke (Brain Attack), 931

Traumatic Brain Injury, 946 Brain Tumors, 957 Brain Abscess, 962 Acquired Hypoxic-Anoxic Brain Injury, 964

# Unit XI Problems of Sensory Perception: Management of Patients with Problems of the Sensory System

#### 46 Assessment of the Eye and Vision, 966

M. Linda Workman

#### Anatomy and Physiology Review, 966

Structure, 966 Function, 968

Eye Changes Associated with Aging, 969

#### Assessment Methods, 971

Patient History, 971 Physical Assessment, 972 Psychosocial Assessment, 973 Diagnostic Assessment, 973

#### Care of Patients with Eye and Vision Problems, 977

M. Linda Workman

#### Eyelid Disorders, 977

Entropion and Ectropion, 977 Hordeolum, 978 Chalazion, 978

#### Keratoconjunctivitis Sicca, 978 Conjunctival Disorders, 978

Conjunctivitis, 979

Trachoma, 980

Corneal Disorders, 980

Corneal Abrasion, Ulceration, and Infection, 980

Keratoconus and Corneal Opacities, 981

Cataract, 982

Glaucoma, 985

#### Retinal Disorders, 989

Macular Degeneration, 989 Retinal Holes, Tears, and Detachments, 989 Retinitis Pigmentosa, 990

#### Refractive Errors, 991

Trauma, 991

Foreign Bodies, 991 Lacerations, 992 Penetrating Injuries, 992

Ocular Melanoma, 992

Reduced Visual Sensory Perception, 992

#### 48 Assessment and Care of Patients with Ear and Hearing Problems, 996

M. Linda Workman

#### Anatomy and Physiology Review, 996

Structure, 996 Function, 998 Ear and Hearing Changes Associated with Aging, 998

#### Assessment Methods, 998

Patient History, 998 Physical Assessment, 1000 General Hearing Assessment, 1001 Psychosocial Assessment, 1002 Diagnostic Assessment, 1002

#### Disorders of the Ear and Hearing, 1003

Conditions Affecting the External Ear, 1003 Conditions Affecting the Middle Ear, 1005 Conditions Affecting the Inner Ear, 1007 Hearing Loss, 1009

# Unit XII Problems of Mobility: Management of Patients with Problems of the Musculoskeletal System

#### 49 Assessment of the Musculoskeletal System, 1017

Donna D. Ignatavicius

# Anatomy and Physiology Review, 1017

Skeletal System, 1017 Muscular System, 1019

# Musculoskeletal Changes Associated with

Aging, 1020

#### Assessment Methods, 1020

Patient History, 1020 Assessment of the Skeletal System, 1021 Assessment of the Muscular System, 1023 Psychosocial Assessment, 1024 Diagnostic Assessment, 1024

#### 50 Care of Patients with Musculoskeletal Problems, 1029

Donna D. Ignatavicius

#### Metabolic Bone Diseases, 1029

Osteoporosis, 1029 Osteomalacia, 1036 Paget's Disease of the Bone, 1037

Osteomyelitis, 1039

Benign Bone Tumors, 1042

Bone Cancer, 1042

#### Disorders of the Hand, 1045

Dupuytren's Contracture, 1045 Ganglion, 1046

#### Disorders of the Foot, 1046

Foot Deformities, 1046 Morton's Neuroma, 1047 Plantar Fasciitis, 1047 Other Problems of the Foot, 1047

Scoliosis, 1047

# Progressive Muscular Dystrophies, 1048

# 51 Care of Patients with Musculoskeletal Trauma, 1051

Donna D. Ignatavicius

#### Fractures, 1051

# Selected Fractures of Specific Sites, 1066

Upper Extremity Fractures, 1066 Lower Extremity Fractures, 1066 Fractures of the Chest and Pelvis, 1069 Compression Fractures of the Spine, 1069

#### Amputations, 1069

Complex Regional Pain Syndrome, 1075 Knee Injuries, 1075 Carpal Tunnel Syndrome, 1077

Tendinopathy and Joint Dislocation, 1079

Strains and Sprains, 1079 Rotator Cuff Injuries, 1079

# CONCEPT OVERVIEW: Metabolism, 1082

# Unit XIII Problems of Digestion, Nutrition, and Elimination: Management of Patients with Problems of the Gastrointestinal System

#### 52 Assessment of the Gastrointestinal System, 1084

Donna D. Ignatavicius

#### Anatomy and Physiology Review, 1084

Structure, 1084 Function, 1084

#### Gastrointestinal Changes Associated with Aging, 1087

#### Assessment Methods, 1087

Patient History, 1087

Nutrition History, 1087

Family History and Genetic Risk, 1089

Current Health Problems, 1089

Physical Assessment, 1089

Psychosocial Assessment, 1091

Diagnostic Assessment, 1091

#### 53 Care of Patients with Oral Cavity Problems, 1099

Cherie R. Rebar, Nicole Heimgartner, Laura Willis

Stomatitis, 1100

Oral Tumors, 1102

Premalignant Lesions, 1102

Oral Cancer, 1102

#### Disorders of the Salivary Glands, 1107

Acute Sialadenitis, 1107

Post-Irradiation Sialadenitis, 1108

Salivary Gland Tumors, 1108

#### 54 Care of Patients with Esophageal Problems, 1110

Cherie R. Rebar, Nicole Heimgartner, Laura Willis

Gastroesophageal Reflux Disease, 1110

Hiatal Hernia, 1114

**Esophageal Tumors**, 1117

Esophageal Diverticula, 1123

Esophageal Trauma, 1123

#### 55 Care of Patients with Stomach Disorders, 1126

Lara Carver

Gastritis, 1126

Peptic Ulcer Disease, 1128

Gastric Cancer, 1138

# 56 Care of Patients with Noninflammatory Intestinal Disorders, 1144

Donna D. Ignatavicius

Irritable Bowel Syndrome, 1144

Herniation, 1146

Colorectal Cancer, 1148

Intestinal Obstruction, 1157

Abdominal Trauma, 1161

**Polyps**, 1163

Hemorrhoids, 1164

Malabsorption Syndrome, 1165

# 57 Care of Patients with Inflammatory Intestinal

Disorders, 1168

Donna D. Ignatavicius

## Acute Inflammatory Bowel Disorders, 1168

Appendicitis, 1168

Peritonitis, 1170

Gastroenteritis, 1172

#### Chronic Inflammatory Bowel Disease, 1173

Ulcerative Colitis, 1174

Crohn's Disease, 1181

Diverticular Disease, 1186

Celiac Disease, 1188

#### Anal Disorders, 1188

Anorectal Abscess, 1188

Anal Fissure, 1188

Anal Fistula, 1189

#### Parasitic Infection, 1189

#### 58 Care of Patients with Liver Problems, 1192

Jennifer Powers and Lara Carver

Cirrhosis, 1192

Hepatitis, 1203

Fatty Liver (Steatosis), 1208

Liver Trauma, 1208

Cancer of the Liver, 1208

Liver Transplantation, 1209

# 59 Care of Patients with Problems of the Biliary System and Pancreas, 1213

Lara Carver and Jennifer Powers

Cholecystitis, 1213

Acute Pancreatitis, 1218

Chronic Pancreatitis, 1223

Pancreatic Abscess, 1226

Pancreatic Pseudocyst, 1226

Pancreatic Cancer, 1226

# 60 Care of Patients with Malnutrition: Undernutrition and Obesity, 1232

Cherie R. Rebar, Nicole Heimgartner, Laura Willis

# Nutrition Standards for Health Promotion and

Maintenance, 1232

**Nutrition Assessment, 1233** 

Initial Nutrition Screening, 1234 Anthropometric Measurements, 1234

Malnutrition, 1236

Obesity, 1246

# Unit XIV Problems of Regulation and Metabolism: Management of Patients with Problems of the Endocrine System

## 61 Assessment of the Endocrine System, 1255

M. Linda Workman

#### Anatomy and Physiology Review, 1256

Hypothalamus and Pituitary Glands, 1257

Gonads, 1257

Adrenal Glands, 1257

Thyroid Gland, 1259

Parathyroid Glands, 1260

Pancreas, 1260

Endocrine Changes Associated with

Aging, 1260

#### Assessment Methods, 1261

Patient History, 1261

Physical Assessment, 1262

Psychosocial Assessment, 1263

Diagnostic Assessment, 1263

#### 62 Care of Patients with Pituitary and Adrenal Gland Problems, 1266

M. Linda Workman

## Disorders of the Anterior Pituitary

Gland, 1266

Hypopituitarism, 1266 Hyperpituitarism, 1268

#### Disorders of the Posterior Pituitary

Gland, 1271

Diabetes Insipidus, 1271

Syndrome of Inappropriate Antidiuretic Hormone, 1272

#### Disorders of the Adrenal Gland, 1273

Adrenal Gland Hypofunction, 1273 Adrenal Gland Hyperfunction, 1276

#### 63 Care of Patients with Problems of the Thyroid and Parathyroid Glands, 1285

M. Linda Workman

#### Thyroid Disorders, 1285

Hyperthyroidism, 1285 Hypothyroidism, 1291 Thyroiditis, 1295 Thyroid Cancer, 1295

#### Parathyroid Disorders, 1296

Hyperparathyroidism, 1296 Hypoparathyroidism, 1298

#### 64 Care of Patients with Diabetes Mellitus, 1300

Margaret Elaine McLeod

#### Pathophysiology, 1300

Classification of Diabetes, 1300 The Endocrine Pancreas, 1301 Glucose Regulation and Homeostasis, 1301 Absence of Insulin, 1302 Acute Complications of Diabetes, 1303 Chronic Complications of Diabetes, 1303 Etiology and Genetic Risk, 1306 Incidence and Prevalence, 1307

Health Promotion and Maintenance, 1307 Patient-Centered Collaborative Care, 1308

#### **CONCEPT OVERVIEW: Urinary Elimination, 1342**

# Unit XV Problems of Excretion: Management of Patients with Problems of the Renal/ **Urinary System**

#### 65 Assessment of the Renal/Urinary System, 1344

Chris Winkelman

## Anatomy and Physiology Review, 1345

Kidneys, 1345

Ureters, 1350 Urinary Bladder, 1350

Urethra, 1350

Kidney and Urinary System Changes Associated with Aging, 1351

#### Assessment Methods, 1352

Patient History, 1352 Physical Assessment, 1353 Psychosocial Assessment, 1354 Diagnostic Assessment, 1354

# 66 Care of Patients with Urinary

Problems, 1366

Chris Winkelman

#### Infectious Disorders, 1366

Cystitis, 1367 Urethritis, 1373

#### Noninfectious Disorders, 1373

Urethral Strictures, 1373 Urinary Incontinence, 1373 Urolithiasis, 1384 Urothelial Cancer, 1388 Bladder Trauma, 1391

#### 67 Care of Patients with Kidney Disorders, 1394

Chris Winkelman

#### Congenital Disorders, 1394

Polycystic Kidney Disease, 1394

#### Obstructive Disorders, 1397

Hydronephrosis, Hydroureter, and Urethral Stricture, 1397

#### Infectious Disorders: Pyelonephritis, 1399 Immunologic Kidney Disorders, 1401

Acute Glomerulonephritis, 1402 Rapidly Progressive Glomerulonephritis, 1403 Chronic Glomerulonephritis, 1403 Nephrotic Syndrome, 1404 Immunologic Interstitial and Tubulointerstitial Disorders, 1405

## Degenerative Disorders, 1405

Nephrosclerosis, 1405 Renovascular Disease, 1405 Diabetic Nephropathy, 1406

Renal Cell Carcinoma, 1406

Kidney Trauma, 1408

# 68 Care of Patients with Acute Kidney Injury and Chronic Kidney Disease, 1411

Chris Winkelman

Acute Kidney Injury, 1412 Chronic Kidney Disease, 1419

## CONCEPT OVERVIEW: Sexuality, 1448

# Unit XVI Problems of Reproduction: Management of Patients with Problems of the Reproductive System

#### Assessment of the Reproductive System, 1449

Donna D. Ignatavicius

Anatomy and Physiology Review, 1449 Structure and Function of the Female Reproductive System, 1449

Structure and Function of the Male Reproductive System, 1451

# Reproductive Changes Associated with

Aging, 1452

# Assessment Methods, 1452

Patient History, 1452 Physical Assessment, 1454 Psychosocial Assessment, 1454 Diagnostic Assessment, 1454

#### 70 Care of Patients with Breast Disorders, 1461

Mary Justice

#### Benign Breast Disorders, 1461

Fibroadenoma, 1461

Fibrocystic Breast Condition, 1462

Ductal Ectasia, 1462

Intraductal Papilloma, 1463

Issues of Large-Breasted Women, 1463

Issues of Small-Breasted Women, 1463

Gynecomastia, 1463

#### Breast Cancer, 1464

#### 71 Care of Patients with Gynecologic Problems, 1482

Donna D. Ignatavicius

**Endometriosis**, 1482

Dysfunctional Uterine Bleeding, 1483

Vulvovaginitis, 1484

Toxic Shock Syndrome, 1485

Pelvic Organ Prolapse, 1485

Benign Neoplasms, 1487

Ovarian Cyst, 1487

Uterine Leiomyoma, 1487

Bartholin Cyst, 1491

Cervical Polyp, 1491

#### Gynecologic Cancers, 1491

Endometrial (Uterine) Cancer, 1491

Cervical Cancer, 1494

Ovarian Cancer, 1495

#### 72 Care of Patients with Male Reproductive Problems, 1499

Donna D. Ignatavicius

Benign Prostatic Hyperplasia, 1499

Prostate Cancer, 1506

Prostatitis, 1512

Erectile Dysfunction, 1512

Testicular Cancer, 1513

Other Problems Affecting the Testes and Adjacent Structures, 1516

#### 73 Care of Transgender Patients, 1519

Donna D. Ignatavicius and Stephanie M. Ignatavicius

Patient-Centered Terminology, 1519

Transgender Health Issues, 1520

Stress and Transgender Health, 1521

Need to Improve Transgender Health Care, 1521

# 74 Care of Patients with Sexually Transmitted Disease, 1530

Shirley E. Van Zandt

Overview, 1530

Infections Associated with Ulcers, 1531

Syphilis, 1531

Genital Herpes, 1535

#### Infections of the Epithelial Structures, 1537

Condylomata Acuminata (Genital Warts), 1537

Chlamydia Infection, 1538

Gonorrhea, 1539

#### Other Gynecologic Conditions, 1541

Pelvic Inflammatory Disease, 1541

Vaginal Infections, 1544

Other Sexually Transmitted Diseases, 1544

Bibliography, 1546

Glossary, 1586

NCLEX® Examination Challenges—Answer Key, AK-1

Illustration Credits, IC-1